Legacy MEADOWS
Adult Care Home
Where Compassion Meets Care
Hernandez Healthcare Systems, LLC

Overview of Care Levels and Rates

Understanding Adult Care Home Licensure Requirements and Level of Care Assessments:

A note about the type of care this home can provide:

Legacy Meadows Adult Care Home is currently an ambulatory home for its qualifying residents. This license does not include special care units or memory care units. We have a supervising RN that provides training and oversight of unlicensed personnel and CNAs, Med Techs, and LPNs that may work for the agency. We do not employ a physician on staff.

The NC Division of Health Service Regulation defines ambulatory residents as those who can evacuate an emergency in the home with minimal prompting and assistance. Anyone requiring partial to full physical support to evacuate an Adult Family Care Home are considered non-ambulatory.

Upon screening, residents must be able to evacuate the home with minimal supervision and prompting during any type of emergency.

If a resident's needs become non-ambulatory or the specialized needs become greater than the capacity of the home, our care team will take the time to assist with coordinating referrals, transitions, and residential resources that will meet the needs of the resident.

Legacy Meadows Adult Care Home cannot accept residents who require partial to full assistance to evacuate the home in an emergency due to physical or cognitive impairments. We cannot take residents who require exceptional medical care or ongoing medical treatment. We cannot accept residents requiring tracheostomy, ostomy, or ventilator status, treatments and monitoring. Additional medical needs can be assessed and evaluated on the FL2 to ensure that the facility's requirements meet the needs of the potential resident.

It is important that the resident and care team are honest about the resident's capacity upon screening and before admission. Needs are reevaluated at a minimum of every 90 days or as needed by the care team.

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Level 1 – Independent Living- Foundational Lifestyle Tier $7,800 Monthly

Ideal for residents who are active, self-sufficient, and seeking a vibrant, community-focused environment. This tier offers a sophisticated lifestyle with minimal to no need for staff assistance with daily activities. Residents enjoy full access to upscale amenities, curated social experiences, and the freedom to live independently, all within an elegant and supportive setting. **$7800.00 non-refundable Community Fee/Deposit due upon admission.**

Level 2- Assisted Living- Enhanced Lifestyle Support $8,800 Monthly

This tier accommodates those with mild health concerns or limitations, offering support with daily medical routines such as insulin management, blood pressure monitoring, and medication oversight. Residents may receive up to 2–3 hours of compassionate personal care daily and gentle reminders for activities of daily living (ADLs). Housekeeping and social engagement remain largely self-directed, supported by an attentive team in a dignified, resort-style environment. **$8800.00 non-refundable Community Fee/Deposit due upon admission.**

Level 3- Assisted Living Plus- Elevated Daily Support $9,800 Monthly

Ideal for residents experiencing age-related changes who require a more hands-on approach while still preserving a sense of autonomy. This level of care includes 3–4 hours of personalized assistance each day to support activities of daily living, cognitive wellness, and adaptive needs. Residents may benefit from structured guidance, gentle reminders, and increased supervision to navigate their day safely and comfortably. Our compassionate care team provides encouragement and companionship, helping residents stay engaged socially while ensuring peace of mind in moments of vulnerability. **$9800.00 non-refundable Community Fee/Deposit due upon admission.**

Level 4- Comprehensive Care- Full-Support Living $10,800 Monthly

Tailored for residents with advanced health needs and greater dependency, this level delivers compassionate, around-the-clock support for a dignified, enriched lifestyle. Caregivers provide assistance with all Activities of Daily Living, including bathing, dressing, grooming, incontinence care, and overnight support. Residents may have specialized dietary needs and complex medical conditions such as COPD, cancer, or age-related memory needs, all managed with clinical precision and heartfelt attention. Medication administration, 1:1 supervision when needed, and encouragement to engage in meaningful activities are all thoughtfully integrated. While 2:1 care is not appropriate at admission, residents requiring enhanced oversight are continually

reassessed to ensure appropriate transitions when necessary—always with care, grace, and respect. **$10,800.00 non-refundable Community Fee/Deposit due upon admission.**

If a resident's care level has been assessed and an increase in care has been documented by the RN and care team, a 30 day written notice of change will be issued to the resident and family and serves as notification of changes to the fees and payment structure for the resident. An amended Resident Agreement must be signed by the Resident, Legally Responsible Party, the RN, The Administrator, and the Owner/Operator or representative. A copy of the amended agreement will be distributed to all parties. If a resident reaches non-ambulatory status, with physician's documentation, discharge policies will be followed.

Resident Community Fee Deposits:

A non-refundable community fee, equivalent to the first month's rent, is required to secure a room and initiate the admission process. This fee is due in full prior to move-in and covers administrative costs associated with onboarding and preparing the resident's accommodations.